

# NOVEMBER You Should Be *Dancing...!* WORKSHOPS Studios, NYC

SATURDAY NOVEMBER 4TH

## Swing: Dips, Tricks & Patterns

2-5pm Level: Pre-Int and Up

with Paolo

Add stylish partner combinations and patterns to your swing vocabulary. Then, learn the titanic tricks and fun dynamic dips that you can add to your social dance world.

Pricing: \$40 in Advance / \$50 Day Of



SUNDAY NOVEMBER 5TH

## Ballroom Crash Course

1p-4p

with Stephanie Shapiro

This crash course will teach you what partner dancing is all about. The basic patterns, timing, lead and follow skills, and identifying what dance goes with what type of music will all be covered. Learn to enjoy being out on the dance floor at social gatherings and upcoming holiday parties. If you register as a couple, you will not need to switch partners during the workshop. Those registered as a single will change partners throughout the workshop.

Pricing: In Advance \$40 / Day Of: \$50

SUNDAY NOVEMBER 5TH

## BALBOA FOR Lindy Hoppers

3p-6p

with Yurina Shin

Level: Intermediate +/dancing Lindy Hop more than a year or must be comfortable with Swing Outs and Charleston.

If you already know how to Lindy but have wanted to add the Balboa step to your arsenal of fast dance skills, than this workshop is for you. We'll progressively go over the basic movements and figures of Balboa and "Bal-Swing".

Pricing: In Adv \$40 / Day Of \$50

SATURDAY NOVEMBER 11TH AND 25TH

## Spins, Turns and Pivots: Technique Workshop

3-5pm

with Robert Vance

This workshop is the answer to all your turn nightmares! It will help solve the mystery of the difference between these three techniques as well as how and when to use them. Among the topics covered: balance techniques, weight shift, rotation and degree of rotation, core usage, spotting, coordination of arms, legs and feet when executions rotation. (Students should not come to class on an empty stomach, but should have had a light snack prior to class in order to avoid an upset stomach or becoming lightheaded.

Pricing: \$35 in advance; \$45 day of

SATURDAY NOVEMBER 11TH

## Latin Dance Basics- Bachata, Merenque & Salsa

1p-4p

with Ricardo Torres

Level: Beginner

Why just learn one Latin dance style? Prepare yourself to get up and dance to a number of different styles played at Latin dance clubs today.

Pricing: In Adv: \$40. / Day of \$50

SUNDAY NOVEMBER 12TH

## Blues Crash Course

12:30-3:30

with Galit Weinfeld

Love blues music? Want to learn to dance slow, connect with a partner and cut a rug at your favorite blues bars? Join us for a crash course intro to blues dancing and we'll have you dancing confidently to most blues styles that are played for dancers today!

Pricing: \$40 in advance; \$50 day of

## FOUNDATIONS OF BALBOA TECHNIQUE

3:30-5:30p

with Jennifer Barnett

Level: Adv. Beg-Int+

This class will focus on the fine details and techniques that make balboa such an intricate and rewarding dance. Learn and practice posture, footwork, and movement drills that will support your growth and improvement as a learner and a social dancer. Get ready to geek out!

Pricing: In Advance: \$35 / Day Of: \$45

412 EIGHTH AVENUE AT 31ST, JUST OUTSIDE PENN STATION (PRESS "#6 PLUS CALL BUTTON" FOR ENTRY)

CALL TO REGISTER: 212-244-0011 OR ONLINE AT: [WWW.YOUSHOULDBEDANCING.NYC](http://WWW.YOUSHOULDBEDANCING.NYC)

# NOVEMBER You Should Be *Dancing...*! WORKSHOPS Studios, NYC *Continued from other side.*

SATURDAY NOVEMBER 18TH

## West Coast Swing Crash Course

2p-5p

*with Ricardo Torres*

This contemporary partner dance is known for its freedom, its sexy, smooth "elastic" look, improvisation and musicality. This style is great for fans of R&B, blues and club music who want to do more than "bump & grind" on the dance floor. This 3 hr crash course will teach the basic patterns as well as lead and follow techniques.

*Pricing: \$40 in advance/ \$50 day of*

SUNDAY NOVEMBER 19TH

## Swing Crash Course

12-3:30pm

*with Elena and Rachel*

Come learn to swing dance in a day. This workshop, led by expert instructors, introduces you to the style of Swing that was born in Harlem during the late 1920s and 30s. This is a beginners' workshop in which we will cover partnering, rhythm and lead-follow techniques. We will focus on 6-count patterns perfect for Big Band swing music! This crash course is great for both newcomers and those looking for a refresher!

*No partner necessary – everyone will rotate partners and make new friends throughout the day!*

*Pricing: \$40 in advance; \$50 day of*

SATURDAY NOVEMBER 25TH

## Argentine Tango Crash Course

3:30-6:30pm

*with Elkin Guerra*

Learn the basic elements of this dance which has no real basic step, but is instead, completely improvised. The techniques of leading and following is the main focus to get you started on your new journey.

*Pricing: \$40 in advance / \$50 day of*



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