

MARCH You Should Be *Dancing..!* WORKSHOPS Studios, NYC

16th, 17th, 18th
5 Crash Courses • 2 Dance Parties • One Weekend!!
with Visiting Guest Instructor from Brazil **Guigo Sortica**
Zouk, Forró, Bachata, Samba de Gafieira, & Swouk

Friday March 16th

Zouk Crash Course: 7:00p-9:00p

Brazilian Zouk is a dance derived from Zouk (from the French Islands in Central America), and has a lot of influence from Brazilian Lambada. Recently, it's influenced by contemporary dance; creating a completely new style of dance that has spread all over the world. This workshop will be focused on basic moves with emphasis on the fundamental framework.

Zouk Dance Social

Friday Night: 9:00p-12:00a Only \$12

Saturday March 17th

Forró Crash Course: 3:00p-5:00p

Forró is the most popular Brazilian dance. Originally from the Northeast of Brazil but brought to the center of the country and influenced by other dances, such as salsa, samba and samba-rock.

Bachata Crash Course: 5:00p-7:00p

Originally from the Dominican Republic, this dance has changed a lot since its inception. There are a lot of different styles, such as Dominican (traditional), Urban, Modern and Sensual Bachata. This workshop will focus on basic elements with an emphasis on how to adapt the dance to different styles of bachata music.

Sunday March 18th

Samba de Gafieira Crash Course: 2:00p-5:00p

Samba de Gafieira is one of the most fascinating dances that come from Brazil. It's a fun, diverse dance; full of circular moves and endless possibilities. It is the representation of Brazilian spirit and happiness. This workshop will be 2 hours of teaching time, with a 1 hour guided practica/dance party, in which to practice your new moves.

NEW! Swouk Workshop: 5:30p-7:30p

Must know some West Coast Swing

Swouk is a new style of dance which blends both West Coast Swing and Brazilian Zouk. This workshop is focused on how to incorporate Zouk traditional, circular moves and body waves into West Coast Swing.

Swouk Dance Party

Sunday Night: 7:30p-10:30p. Only \$12
There will be 2 rooms for dancing: WCS room and Zouk room

Pricing:

Any 1 Workshop: \$35 in Adv / \$45 Day Of

2 Same Day Workshops: \$60 in Adv / \$70 Day Of

All 3 days, including both dance parties: \$150

Don't Forget Our Other Great March Workshops...

SATURDAY MARCH 3RD

Swing/Lindy: The light is On!

with Adrienne Weidert & Rafal Pustelny

1:00p-4:00p; Level: Comfortable with 8-count footwork

This workshop is inspired by Dawn Hampton. We will share some of our experiences watching and dancing with Dawn, as well as, exploring her approach to musicality. You gotta feel the beat!

Pricing: \$45 In Adv./ \$55 Day Of

St.Louis Shag Crash Course

with Mimi & Jeff Liu-Leyco

2:00p-5:00p; Level: All Levels

St. Louis Shag is making a comeback! Come and learn the basics for this fast and energetic dance, and how you can also incorporate it into other swing dances.

Pricing: \$45 In Adv./ \$55 Day Of

SUNDAY MARCH 4TH

Swing Crash Course

12-3:30pm

with Elena Ianucci & Paolo Lanna

Come learn to swing dance in a day. This workshop, led by expert instructors, introduces you to the style of Swing that was born in Harlem during the late 1920s and 30s. This is a beginners' workshop in which we will cover partnering, rhythm and lead-follow techniques. We will focus on 6-count patterns perfect for Big Band swing music! This crash course is great for both newcomers and those looking for a refresher!

No partner necessary – everyone will rotate partners and make new friends throughout the day!

Pricing: \$45 in advance; \$50 day of

SATURDAY MARCH 10TH

West Coast Swing Crash Course

1:00p-4:00p

with Sophie Cazeneuve

This contemporary partner dance is known for its freedom, its sexy, smooth "elastic" look, improvisation and musicality. This style is great for fans of R&B, blues and club music who want to do more than "bump & grind" on the dance floor. This 3 hr crash course will teach the basic patterns as well as lead and follow techniques.

Pricing: \$40 in advance/ \$50 day of

412 EIGHTH AVENUE AT 31ST, JUST OUTSIDE PENN STATION (PRESS "#6 PLUS CALL BUTTON" FOR ENTRY)

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Continued from other side.

SATURDAY MARCH 10TH

Blues: Texas Shuffle

with Laura Chieko and Clyde Wright

2-5p; Level: 3-4 months of blues basics required

Texas Shuffle is a fun blues idiom dance, developed to West Coast Blues (a descendant of Texas Blues) in California around the 1940s, that incorporates individual styling and footwork with a lot of interesting partnered shapes. Come learn the basics to add this to your dance repertoire!

Pricing: \$45 In Adv. / \$55 Day Of

SUNDAY MARCH 11TH

Swingout Technique Workshop

1:30-4p; Level: Pre Int and above. *with Rachel McMullin*

Must have some experience with Swingouts. Designed to give you the techniques of dynamic swingouts - counterbalance, body position, proper lead/follow.

Pricing: \$35 In advance / \$45 day of

MONDAY MARCH 12TH

SOLO JAZZ DYNAMICS

7-9p; Level: Int. & up *with Special Guest Instructor Felipe Braga*

Learn how to play with dynamics in your solo jazz to interpret the nuances of Jazz music, at different tempos and styles.

Pricing: \$45 In Adv / \$55 Day Of

SATURDAY MARCH 17TH

Hustle Crash Course

3-6p *with Robert Vance & Zulma Rodriguez*

In this crash course you will become familiarized with the basics of Hustle so that you can get up and join in on all the fun with the hustle crowd. The basic rhythm, inside or underarm turns for both partners, cross body lead, the 3 basic wrap turns, and the popular N.Y. Walk will be covered. Participants will learn what a half turn, full turn, and a turn and a half is, and when each is used. Basic arm styling will be covered and a routine will be taught that can be transferred right to the dance floor. Have a great time while learning just how much fun this dance can be to do!

Pricing: \$45 in Adv/\$55 Day Of

SATURDAY MARCH 24TH

BALBOA CRASH COURSE

1-4p *with Lainey Silver*

Learn the basic rhythm, come arounds, lollies, and more! This class for brand new balboa dancers and for those wanting to brush up their technique. Make sure to wear slippery shoes!

Pricing: \$40 in advance/\$50 day of

SATURDAY MARCH 24TH

West Coast Swing: Solo Styling and Tricks

with Sophie Cazeneuve

1:30p-3:30p; Level: Intermediate

In the first part of this workshop, get a tune-up and add new spark to your solo dancing. In the second part, you will learn some stylish new moves and how to integrate them into your social dancing. Sophie will also add in a few tricks, and the Individual styling secrets learned in the first part to spice things up!

Pricing: \$35 In Adv / \$45 Day Of

SUNDAY MARCH 25TH

Swing Crash Course

12-3:30pm *with Elena Ianucci & Stina Dallons-Isaacson*

Come learn to swing dance in a day. This workshop, led by expert instructors, introduces you to the style of Swing that was born in Harlem during the late 1920s and 30s. This is a beginners' workshop in which we will cover partnering, rhythm and lead-follow techniques. We will focus on 6-count patterns perfect for Big Band swing music! This crash course is great for both newcomers and those looking for a refresher!

No partner necessary – everyone will rotate partners and make new friends throughout the day!

Pricing: \$45 in advance; \$50 day of

SATURDAY MARCH 31ST

Salsa On2: Turn Patterns & Techniques

with Ricardo Torres & Zulma Rodriguez

3:00p-6:00p; Level: Pre-Int-You must already know the basics/at least 3 months experience

This workshop is designed to teach you how to do a number of fun and easy turn patterns to add to your dance syllabus. Not only will you learn the step patterns, but Zulma & Ricardo will have you work on your lead/follow skills, as well as proper footwork technique and Cuban motion.

Pricing: \$45 In Adv/ \$55 Day Of

SUNDAY APRIL 1ST

SOLO JAZZ WORKSHOP

1:30-3:30p Level: Open *with Rachel McMullin & Stina Dallons*

Did you know that improving your solo jazz dancing not only gives you options when you're without a partner but also improves your partnered dancing? Expand your solo vocabulary and learn new styling for classic solo moves. Stina & Rachel will cover a range of ideas for both the new and experienced solo jazz dancer. The workshop wraps up with a short choreography incorporating material from the day. Improve your quality of movement while learning fun moves that compliment the swing music you already love. All levels welcome, no partner necessary.

Pricing: \$35 in Advance/ \$45 Day of

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