



SATURDAY JUNE FIRST

SPECIAL  
BALBOA  
WORK  
SHOPS

*with Guest Instructor  
Matt Mitchell, and Jennifer Barnett*

**Part 1) 12:30p-2:00p**  
**Slow Balboa Expansion Pack**  
*Level: For those who've taken Slow Balboa before and are comfortable with basics.*

This class will expand the nuance and flow of your basic while adding lots of new modular content and technique. After this class, you'll be able to lead and follow a full song of connected and musical slow balboa.

**Part 2) 2:00p-3:30p**  
**Building Your Best Texas Tommy**  
*Level: Intermediate and up*

The Texas Tommy is often considered one of the key patterns in level tests for a good reason: to be able to lead and follow a Texas Tommy your technique and understanding of balboa needs to be right on the money. Come learn how to build up to this fun and energetic pattern. Also great for those who are familiar with the pattern but want to refine and expand. what they know.

**Part 3) 4:00p-6:00p**  
**Transitioning Between Balboa and Lindy Hop**  
*Level: Int and up in both Bal & Lindy*

Love both lindy hop and balboa? Can't decide between the two when you social dance? You don't have to! There are lots of great ways to seamlessly transition between the two in one dance and we'll teach you how.

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**Pricing:**  
*Part 1/Part 2: \$30 In Advance/\$35 Day Of (per class)*  
*Part 3: \$35 In Advance/\$40 Day Of*  
*Full Day: \$85 In Advance/\$100 Day Of*

SAT., JUNE 1

# Spins, Turns & Pivots

*with Robert Vance*

3:00p-5:00p

This workshop is the answer to all your turn nightmares! It will help solve the mystery of the difference between these three techniques as well as how and when to use them. Among the topics covered: balance techniques, weight shift, rotation and degree of rotation, core usage, spotting, coordination of arms, legs and feet when executions rotation. (Students should not come to class on an empty stomach, but should have had a light snack prior to class in order to avoid an upset stomach or becoming lightheaded. Great For Hustle and WCS Dancers!

*Level: Open*

*Pricing: \$35 in advance; \$45 day of*

SUN., JUNE 2

# Swing Crash Course

*with Elena Ianucci and Rachel McMullin*

12:00p-3:30p

Come learn to swing dance in a day. This workshop, led by expert instructors, introduces you to the style of Swing that was born in Harlem during the late 1920s and 30s. We will cover partnering, rhythm and lead-follow techniques. The focus will be on 6-count patterns perfect for Big Band swing music! This crash course is great for both newcomers and those looking for a refresher! No partner necessary – everyone will rotate partners and make new friends throughout the day!

*Level: Beginner*

*Pricing: \$45 in advance/ \$55 day of*

SAT., JUNE 8

# Salsa Crash Course

*with Jason Myra*

1:00p-4:00p

Open to beginners with little or no prior dance experience. Students will learn the basics and get the confidence to get out on the dance floor. This workshop will cover the basic foot work patterns as well as lead & follow techniques to start you on your way to becoming a fun and confident social dancer!

*Level: Beginner*

*Pricing: \$40 in Advance/\$50 Day Of*

SUN., JUNE 9

# Salsa: Beyond The Basics

*with Ricardo Torres*

2:30p-5:30p

In the first half of this workshop, you will work on how to make your dancing look good and feel good by learning Latin dance techniques like cuban motion and proper footwork, as well as focusing on your lead and follow skills using patterns you already know. In the second half, you will learn a new combination of moves to take out onto the social dance floor.

*Level: Pre-Intermediate*

*Pricing: \$40 In Advance / \$50 Day Of*

SAT., JUNE 15

# West Coast Swing: The Give & Take Of Space

*with Sophie Cazeneuve*

3:00p-5:00p

In this workshop you will learn how to open up the basic figure to give space to your partner giving them the opportunity groove and get funky. You will also learn how to ask for space in return. Not sure what to do with your given space? Sophie will give a couple examples for inspiration.

*Level: Intermediate*

*Pricing: \$35 In Advance/ \$45 Day Of*



412 Eighth Ave. at 31st, Near Penn Station (Press "#6 plus Call button" for Entry)  
To register call: 212-244-0011 or go online to: [www.YouShouldBeDancing.NYC](http://www.YouShouldBeDancing.NYC)

SAT., JUNE 15

# Hustle: Beyond The Basics

with Robert Vance

3:00p-6:00p

In this workshop, the basics of this fun dance are reviewed, and we will pick up new information to keep you on your learning path. Topics such as the basic partnering positions and a basic understanding of the slot in which the steps are executed are related. In addition to the 3 count basic, 6 count right and left turns are included. Exciting steps such as underarm turns, wraps and whips, and the NY Walk are taught. Shadow position and cross body lead are also included to produce a well-rounded introduction to the dance that made John Travolta famous!

Level: Adv Beg

Pricing: \$45 in advance / \$55 day of

SUN., JUNE 16

# Introduction to Swing: East Coast, Lindy, West Coast

with Stephanie Shapiro

12:30p-3:30p

A question asked by so many new and nearly new dancers: "What is the difference between East Coast, West Coast and Lindy Hop Style swing?" Stephanie will explain and teach you the difference between these swing dance styles. So whether you are a new dancer, or know the basics in one of these styles, this workshop will be a fun journey of music and movement.

Level: Beginner/ Open

Pricing: \$40 In Advance / \$50 Day Of

*Saturday June 22nd and 23rd (No workshops scheduled)*

SAT., JUNE 29

# Hustle Intermediate

with Robert Vance

2:00p-5:00p

In this workshop, you will be introduced to turn technique and 'the Egyptian', and rhythm changes such as double syncopations. Exciting turn patterns will be taught such as Sliding Door variations, the 'Las Vegas', Hand Drops, 6 count Reverse Whip, Chasse, Sweatheart, High Rope, and the Diva Walk. Intro to leg and foot technique, lead & follow, and weight carriage will be introduced to make for a more smooth and slick style.

- Req: knowledge of basic hustle, counting, 3 count and 6 count turns.
- For those who have taken previous workshops, material covered not always the same, as material listed can't be covered in 3 hr session.

Level: Intermediate

Pricing: \$45 in advance / \$55 day of

SUN., JUNE 30

# Workshop with Frankie Martinez.....!

12:00pm - 2:00pm

Stay tuned for details!



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SATURDAY JULY 27TH



Photo by Yelena Ebel

# Summer Bash

*Featuring*  
*Adrian Cunningham*  
*& His Old School*

8:00PM - 12:00AM

Free Pre-Party Lesson @ 7:00PM – Performances @ 8:30

3 Rooms For Dance

Swing, Salsa, Ballroom/WCS

\$18 Admission



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