



September WORKSHOPS

Y S B  D ...!

20

Year Anniversary
Established September 1999

SAT., SEPT 7

BALBOA CRASH COURSE

with Mimi & Jeff Liu-Leyco

12:30p-3:30p

Jump start your balboa and learn the fundamentals of pure balboa and bal-swing!

Level: Beginner

Pricing: \$40 In Advance/ \$50 Day Of

Hustle Crash Course

with Robert Vance

3:30p-6:30p

In this crash course you will become familiarized with the basics of Hustle so that you can get up and join in on all the fun with the hustle crowd. The basic rhythm, inside or underarm turns for both partners, cross body lead, the 3 basic wrap turns, and the popular N.Y. Walk will be covered. Participants will learn what a half turn, full turn, and a turn and a half is, and when each is used. Basic arm styling will be covered and a routine will be tseptht that can be transferred right to the dance floor. Have a great time while learning just how much fun this dance can be to do!

Level: Beginner

Pricing: \$45 in advance/\$55 day of

SAT., SEPT 14

SALSA: Arm Styling & Body Movement Techniques for Leaders & Followers

with Sophie Cazeneuve & Franck Muhel

2:00p-4:00p

Ever wonder how some people have such effortless movements that add great styling to their dance? Are you not yet comfortable with what your arms are doing when you dance? This workshop will explain the proper technique of how to let your arms move with your body, as well as show you other styling moves to either make your dance more sensuous looking or more stylish and sharp. No partner work. Will be done as solo styling to shine patterns and turns. (must have command of salsa basics)

Level: Open

Pricing: \$35 in Advance /\$45 Day Of

WEST COAST SWING: Body Movement and Styling

with Sophie Cazeneuve

4:00p-6:00P

Arm placement and body movements will be practiced on basic patterns you already know, so that attention can be given to the new techniques and movements you will be executing. Right and Left side passes with turns, as well as a few other patterns that call for some good arm styling and technique will be used. Half of the class will be solo work, then you will put these movements to use with basic patterns to help give you more command of the look you wish to create.

Level: Pre Intermediate and Up

Pricing:: \$30 in Advance / \$40 Day Of

HUSTLE: Ladies Styling & Leaders Technique with Robert Vance

with Robert Vance

5:30p-7:30p

Hustle is one of those dances with lots of arm styling, turns, and fast movement. Leaders- learn how to lead all those impressive steps with clarity and precision to make your follower look good. Followers-learn what to do with your arms to make you you look confident and impressive, as well as making all those other moves seem effortless and looking sharp.

Level: Open

Pricing: \$35 In Advance / \$45 Day Of

SUN., SEPT 15

SOLO JAZZ WORKSHOP

with Stina Dallons & Rachel McMullin

3:30-5:30p

Did you know that improving your solo jazz dancing not only gives you options when you're without a partner but also improves your partnered dancing? Expand your solo vocabulary and learn new styling for classic solo moves. Stina & Rachel will cover a range of ideas for both the new and experienced solo jazz dancer. The workshop wraps up with a short choreography incorporating material from the day. Improve your quality of movement while learning fun moves that compliment the swing music you already love.

Level: Pre Int

Pricing: \$35 in Advance/ \$45 Day of



412 Eighth Ave. at 31st, Near Penn Station (Press "#6 plus Call button" for Entry)
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SAT., SEPT 21

SWING: Mastering the Texas Tommy

with Akemi Kinukawa & Lewi Gilamichael

1:00p-3:30p

The Texas Tommy is a popular and dynamic move used by Lindy Hoppers worldwide. It's execution can be challenging, requiring good technique and partnership. After taking this workshop, you should be able to lead and/or follow the move with ease and confidence. You will also be learning different variations of this move to add a little oomph and pizzazz to your dancing.

Level: Pre Int and Up

Pricing: \$45 In Advance/ \$55 Day Of

Rumba vs Cha Cha

with Sophie Cazeneuve & Christian Baerens

2:00p-4:00p

In this workshop, the focus will be on how these two Latin dances are different, but also similar. Sophie and Christian will cover technique, styling and musicality in patterns that can be used in both dance styles.

Level: Adv. Beg and Up (Basics required)

Pricing: \$40 In Advance/ \$50 Day Of

Hustle For Intermediate Dancers

with Robert Vance

3:00p-6:00p

In this workshop, you will be introduced to turn technique and 'the Egyptian', and rhythm changes such as double syncopations. Exciting turn patterns will be taught such as Sliding Door variations, the 'Las Vegas', Hand Drops, 6 count Reverse Whip, Chasse, Sweatheart, High Rope, and the Diva Walk. Intro to leg and foot technique, lead & follow, and weight carriage will be introduced to make for a more smooth and slick style.

- Req: knowledge of basic hustle, counting, 3 count and 6 count turns.
- For those who have taken previous workshops, material covered not always the same, as material listed can't be covered in 3 hr session.

Level: Intermediate

Pricing: \$45 in advance / \$55 day of

SUN., SEPT 22

BALBOA LIKE IT S 1938

with Mimi & Jeff Liu-Leyco

1:00p-4:00p

Hop in the time machine and learn moves inspired by the original balboa dancers, including pure balboa to bal-swing.

Level: Adv. Beginner/Intermediate

Pricing: \$40 In Advance/\$50 Day Of

Salsa Crash Course

with Ricardo Torres

3:00p-5:00p

Open to beginners with little or no prior dance experience. Students will learn the basics and get the confidence to get out on the dance floor. This workshop will cover the basic foot work patterns as well as lead & follow techniques to start you on your way to becoming a fun and confident social dancer!

Level: Beginner

Pricing: \$27 in Advance/\$33 Day Of

SAT., SEPT 28

Pachanga: Quarterly Open Intensive

with Frankie Martinez

12:00p-1:30p

This NEW intensive will allow for more consistent and focused Pachanga training within Frankie's curriculum. Heavily exploring the elements that comprise the Pachanga basic step. He will address the most basic of concepts up through the most intricate using training exercises developed not only for acquiring necessary abilities, but also for maturing them throughout future practice.

Level: All

Pricing: \$35

SUN., SEPT 29

Swing Crash Course

with Elena Ianucci & Paolo Lanna

12:00p-3:30p

Come learn to swing dance in a day. This workshop, led by expert instructors, introduces you to the style of Swing that was born in Harlem during the late 1920s and 30s. We will cover partnering, rhythm and lead-follow techniques. The focus will be on 6-count patterns perfect for Big Band swing music! This crash course is great for both newcomers and those looking for a refresh-er! No partner necessary – everyone will rotate partners and make new friends throughout the day!

Level: Beginner

Pricing: \$45 in advance/ \$55 day of



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20 ANNIVERSARY FALL BASH PARTY! YEAR

**SATURDAY
SEPT. 28th**

8pm to 12am

**Free
Pre-Party
Lesson
@ 7:00PM**

**Performances
@ 8:30**



**Featuring : Danny Jonokuchi
and The Revisionists**

3 Rooms 3 DJ's: Swing - DJ Stina

Mixed Ballroom - DJ Gene Eagle

Latin - DJ Junior Arroyo

Then : Stick Around from 12:00am to 2:00am for...

**Tony Felix & Charlie's
DJ After Party Dance**

Playing a mix of all time dance favorites.

All for only \$20 Admission



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